

PRIVATE SERVICES

A wide range of classes are available for private lessons.
If you don't see the class you want please inquire as we are generally able to accommodate most guests requests.

FITNESS	MIND & BODY
Personal Training	Yoga (all Styles)
Bocce	Meditation
Pickleball	Pilates
Bootcamp	Tai Chi
Zumba	Barre
Team Buidling	Sound Healing

1-2 people, \$225 | 3-5 people, \$350
6-10 people, \$450 | 11-20 people, \$650
\$35 for each additional person

For more information please contact: Hello@theruse.com
707-569-2800 or call your concierge at the Ruse

