BREAKFAST

MAINS

Green Juice 8

dino kale, green apples, lime, ginger root

Housemade Granola 11

straus greek yogurt, seasonal fruit, mayacama honey

"The Birdie" Sandwich 12

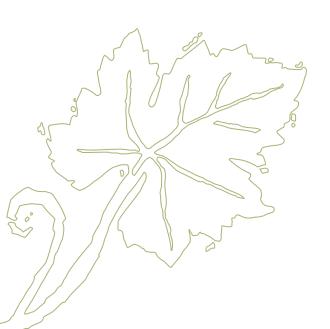
scrambled eggs, cheddar, bacon, toasted english muffin

Breakfast Burrito 12

bacon, home fries, scrambled egg, red salsa, shredded cheese

Frittata 16

roasted mushrooms, kale, caramelized onions, goat cheese, garden greens available as egg white only or whole egg



SIDES

Sourdough or Wheat Toast ⁴

Hobbs' Apple Smoked Bacon ⁸

Chicken Apple Sausage 8

Crispy Home Fries ⁶

Seasonal Fruit 6