

BREAKFAST

MAINS

Green Juice ⁸

dino kale, green apples, lime, ginger root

Housemade Granola ¹¹

straus greek yogurt, seasonal fruit, mayacama honey

“The Birdie” Sandwich ¹²

scrambled eggs, cheddar, bacon, toasted english muffin

Breakfast Burrito ¹²

bacon, home fries, scrambled egg, red salsa, shredded cheese

Frittata ¹⁶

roasted mushrooms, kale, caramelized onions, goat cheese, garden greens
available as egg white only or whole egg

SIDES

Sourdough or Wheat Toast ⁴

Hobbs’ Apple Smoked Bacon ⁸

Chicken Apple Sausage ⁸

Crispy Home Fries ⁶

Seasonal Fruit ⁶

